



# CIRCLE OF SECURITY<sup>®</sup> PARENTING<sup>™</sup> DVD TRAINING

## Chicago, IL

*Sponsored by: Erikson Institute*

*Presented by: Deb Harris – Circle of Security Trainer*

### Dates:

**Tuesday 31 May 2016 - Friday 3 June 2016**

Circle of Security has established a DVD parenting education program offering the core components of the evidence-based and internationally acclaimed COS protocol. This 4-Day seminar trains professionals to use an eight chapter DVD to educate parents and caregivers. The program presents video examples of secure and problematic parent/child interaction, healthy options in care giving, and animated graphics designed to clarify principles central to COS. Circle of Security Parenting implements decades of attachment research in an accessible step-by-step process for use in group settings, home visitation, or individual counseling. Watch a sample of the DVD at <http://www.youtube.com/user/CircleOfSecurity>

### Location:

Erikson Institute  
451 N. LaSalle Street  
Chicago, IL 60654

### Who Should Attend?

Social Workers, Marriage and Family Therapists, Mental Health Counselors, Home Visitors, Family Support Workers, Outreach Workers, Behavior Support specialists, and anyone providing parenting education and/or counseling to parents of young children.

### Cost:

\$900 (includes COS Parenting DVD, COS Parenting Training Manual, Parent Handouts, License to use the above materials to teach COS Parenting to caregivers). This cost (minus a \$200 cancellation fee) is refundable through 17 May 2016.

After 17 May it may be transferred to another person.

Late Registration:

\$1,000 with payment after 3 May 2016

Group rates:

5-9 people 10% discount, 10 or more 15% discount

### Learning Objectives of the Training:

- Understand the theoretical foundation of the Circle of Security
- Shift caregiver focus from behavior management to enhancing the quality of relationship
- Understand specific steps to build self-reflection in caregivers
- Use video examples to support increased empathy in caregivers
- Identify new options to help caregivers manage emotions
- Learn step-by-step approaches for promoting secure attachment in children

*“The Circle of Security Parenting DVD is an outstanding contribution and a “must see” for parents of young children. Focusing on how parent/child relationships can be strengthened, this unique approach teaches parents, and those helping them, new ways to understand children’s needs and behavior. It also offers effective ways to respond to these needs and behaviors. I have found it invaluable in my own work with parents of young children.*

Charles H. Zeanah, M.D.

Tulane University School of Medicine  
Editor, Handbook of Infant Mental Health

### To Register:

Registration is open. Go to [www.circleofsecurity.net](http://www.circleofsecurity.net). For questions, contact the COSI Registrar at [registration@circleofsecurity.org](mailto:registration@circleofsecurity.org)

\*DVD may only be used by those who have completed the 4-Day training. Completion of the 4-Day training does not grant permission to train others in the use of the DVD.